
HYPNOSIS FOR PAIN RELIEF & CHILDBIRTH

Hypnosis has been used for centuries to alleviate pain. Participants in this two-day workshop will learn the essential skills required to induce special hypnotic states and the techniques for relieving both chronic or acute pain, and to ease the discomfort of childbirth, dental procedures, and minor or out-patient surgery.

Over the past thirty-nine years the American Hypnosis Training Academy (AHTA) has provided hypnosis & brief solution-focused psychotherapy training to more than 6500 health care professionals. From time-to-time the AHTA presents the **Hypnosis and Pain Relief** workshop in the Washington, D.C. area. Participants in previous workshops report they are more than satisfied with the skills they learned and that they are helping clients relieve both transient and chronic pain.

This is your invitation to attend this two-day workshop. Whether you are new to the field of hypnosis or an experienced hypnoterapist, the **Hypnosis for Childbirth and Pain Relief** training will add indispensable skills to your current clinical repertoire.

Workshop Content:

- * Testing for hypnotizability and establishing the client's positive mind-set
- * Indications & contraindications
- * Hypnotic inductions:
 - Fixation, eye roll and counting methods
 - Ericksonian indirect and traditional methods
- * Levels of hypnosis, deepening & de-hypnotizing procedures ("awakening")
- * Application of hypnotic methods and language patterns for the relief of pain
- * Hypnotic and post hypnotic suggestion for anesthesia and analgesia in dentistry, out-patient surgery, and childbirth
- * Ericksonian techniques for pain reduction and self-hypnosis instruction

This two-day workshop will provide lectures, demonstrations and ample time for hands on practice.

THE BENEFIT

Why attend this workshop? Because, you want step-by-step instruction in practical methods. And you also want supervised practice in the skills and techniques of hypnosis and pain relief, so you can put them to *immediate use in your work with clients.*

What's different about this training? The AHTA instructors are fully committed to teaching. Therefore the focus is on *training you how to use these methods*, not just showing how well the trainers can do demonstrations.

Your training will consist of lectures, demonstrations and practice exercises in small groups, where you will learn the elements and the structure of the induction of hypnosis. Then, you will be taught how to help your clients to manage or eliminate their pain, and expectant mothers how to enjoy the experience of childbirth more comfortably and with far less stress.

Continuing Education: 14 hours. The American Hypnosis Training Academy (AHTA) is an approved provider by the American Psychological Association to offer C.E. for Psychologists (AHTA maintains responsibility for the program and its content).

AHTA is approved by the National Board for Certified Counselors (NBCC) to offer approved clock hours for events that meet NBCC requirements (AHTA is solely responsible for all aspects of the program).

AHTA programs are approved for Social Workers through Commonwealth Educational Seminars (CES), provider #1117, CES is approved as a Provider for Social Work Continuing Education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. ASWB approval period: October 15, 2015 through October 15, 2018. CES maintains responsibility for the program. Social Workers should contact their regulatory board to determine course approval. Social Workers participating in this course will receive 14 clinical continuing education clock hours.

LOCATION & DATES

February 25 – 26, 2017

Radisson Hotel - Rockville, MD

Hours: 8:30 AM to 5:30 PM

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ACCOMMODATIONS

Radisson Hotel - Rockville, MD

3 Research Court
Rockville, MD 20850
(Metro Wash., D.C.)

Room Rate: \$89.00 single or double
301-840-0200

Ask for LOCAL Reservations Clerk Only

Make hotel arrangements on your own. Please contact the hotel as soon as possible to make your reservation and to be sure you get the special rates. ***Tell the local desk reservation clerk (talk to the hotel front desk only) that you are registering for the American Hypnosis Training Academy special local corporate rate of \$89.00.***

Please call Ron Klein immediately if you experience any difficulty making your hotel reservations and he will take care of it personally. **Cell: 301-523-5659**



THE TRAINERS

RON KLEIN, NBCCH, CT-NLP, CAC-S, is a Certified Hypnosis Instructor and a Certified Trainer in NLP. He is a nationally recognized teacher of Ericksonian Clinical Hypnosis and Brief Solution-Focused psychotherapy. Ron has thirty nine years experience as a counselor and teacher. He has presented hundreds of workshops and provided training to more than 6500 mental health and health care professionals.

JILL B. CODY, M.A., NCC, is a Licensed Clinical Professional Counselor and a Certified Trainer in NLP. Jill is a National Board Certified Clinical Hypnotherapist. She has been a trainer with the American Hypnosis Training Academy for 25 years.

JUDITH PEARSON, PH.D. is a Licensed Professional Counselor and an AHTA Trainer. She is in private practice in Springfield, Virginia. She is National Board Certified Clinical Hypnotherapist and a Certified Trainer in Neuro-Linguistic Programming. Judy has been a trainer with the American Hypnosis Training Academy for 25 years.

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Certification:

Enrollees who complete the program will receive a formal certificate of achievement.

Continuing Education: 14 hours. A plain paper C.E. certificate of attendance is also provided.

REGISTRATION

Fee: \$398.00 with registration. The fee includes all handout materials and refreshments. *A refund, less a \$ 75.00 service fee, will be made when a written request to withdraw from the program is postmarked at least 15 days prior to the event.* After that date, the fee paid is non-refundable. Lodging and meals are the responsibility of the participant. *In the unlikely event a workshop is canceled, full tuition refund will be made. AHTA. assumes no responsibility for any further expenses incurred by enrollees.*

To enroll, fill out this form and mail it today. You can also register by:

Phone (301) 565-0103 or FAX (301) 588-9535

February 25 - 26, 2017

Name: _____
As you want it to appear on your certificate

Degree: _____ (Acronym)

Address: _____

City: _____

State: _____ Zp _____

Day/Cell phone: _____

Visa Master Discover Check \$ _____

Card #: _____

Expiration date: _____ **Security code** _____

Signature: _____

Make checks payable to AHTA & mail to:

**American Hypnosis Training Academy
1110 Fidler Lane, Suite 1218
Silver Spring, MD 20910**

PARTICIPANT COMMENTS

The most important aspect of the AHTA training has been the personal interest shown by Ron Klein and his assistant instructors in the quality of the work performed by the students. This emphasis on the quality of work is most unusual. The mental health system would be delivering better services to its clients if we had more educators like those provided by the American Hypnosis Training Academy.

Ron Sharp, Ed.D.

What makes you so different from other trainers, Ron, is that while other presenters can talk about and techniques, you have the unique ability to demonstrate and teach them.

Harriet Zimmer, C.S.W.

*Your hypnosis workshops continue to work in my practice and in my life. The teaching offered with such clarity continues to resonate and produce good things. Gurdjieff once: "There must be real gold about---there is so much counterfeit to be found." **Your program IS real gold.***

Dave Sternbach, M.S.W.

Ron's are the best workshops I have attended in terms of organization and presentation. A good balance of information and experience.

Paul J. Coyle, Ed.D.

I have been to many training workshops in the past. Your program has been the very best in my experience for two reasons: 1) you know how to teach; and 2) the material presented is immediately usable in practice.

Kevin J. Kelley, M.A.

Ron, your training programs are excellent. Like a great meal, you walk away full and can't wait to go back for another.

Gordon Strickland, M.P.H.

Best clinical therapy training I have ever been involved in; precise, clear, informative and structured to maximize learning, skill development and personal growth.

Anthony Barton, Ph.D.

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Return Service Requested

**Hypnosis for Pain Relief
And Childbirth**

**Dates: February 25 - 26, 2017
Rockville, MD (Metro Washington, D.C.)**

Hypnosis for Pain Relief and Childbirth

A Two-Day Certification Training

Brief Treatment for Lasting Results™

**Location:
Rockville, MD
(Metro Washington, D.C.)**

February 25 - 26, 2017

**American Hypnosis
Training Academy**

**1110 Fidler Lane, Suite 1218
Silver Spring, MD, 20910
(301) 565-0103 * (800) 343-9915**

American Hypnosis Training Academy is a trade name
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