

A TWO- DAY TRAINING

Eye Movement Integration™ (EMI™) is a brief, effective therapy which produces lasting results. **You will learn to treat PTSD, phobia, anxiety, addictions, recent critical incidents, as well as many other clinical issues -- most often in one to three sessions.** Importantly, follow-up visits are rarely needed.

EMI™, is an exceptionally effective desensitization and re-processing treatment that leads to memory reconsolidation. Unlike other eye movement methods, *EMI™ does not require age regression or revisiting traumatic events. Therefore, the concerns of false memory and/or the likelihood of re-traumatizing your client are avoided.* Furthermore, the client is encouraged to find the answer within and utilize her/his own personal resources to change and to heal.

Managed care companies demand short-term treatment. Current research demonstrates that time-limited therapy is as effective for many issues as the more established lengthy approaches. Until recently, clients who attended only a few sessions were often considered “not ready” for therapy. **What was needed is a better method. Eye Movement Integration™ therapy is a better method. Further, you will frequently be able to produce lasting results in just a few sessions.**

In this workshop you will learn:

- **The principles** on which EMI™ is based and the essential skills required to utilize the technique successfully.
- **How to gather and organize the required information** from the client and how to use the EMI™ method as a short-term treatment.
- **How to individualize the EMI™ approach** to fit each client’s unique needs and presented issues.
- **How to use several alternative methods** including *Visual-Kinesthetic Dissociation* and *Pattern Interruption* techniques when EMI™ is less than fully effective.

THE BENEFIT

Eye Movement Integration™ (EMI™) is rooted in the work of Milton H. Erickson, M.D., who advocated treatment methods which interrupted habitual behavioral and emotional patterns, and on Robert Dilts’ original research into eye movements and brain processing that he conducted in 1977. The current EMI™ procedure, evolved from the Eye Movement Pattern Interruption therapy Dilts introduced in 1981.

EMI™ is a practical, short-term intervention for treating phobia, post-traumatic stress, critical incidents, anxiety fueled addictions and other clinical issues. EMI™ can also be paired with other methods and incorporated into the orientation of each individual therapist. The EMI™ approach is “co-active” and encourages the client to use his/her own strengths and personal resources to achieve positive results.

Why attend this workshop? *Because*, you want to learn effective methods. You also want supervised practice, so you can put them to *immediate use helping clients make significant changes.*

What’s unique about AHTA training? The focus is on *training you*, not just showing how well the trainer does demonstrations. The training consists of lectures, demonstrations and exercises in small groups, where you will learn the elements of the **Eye Movement Integration™** therapy. There will be ample time to practice with your colleagues during the workshop.

EYE MOVEMENT INTEGRATION™

EMI was first introduced by Robert Dilts in 1981 as “Eye Movement Pattern Interruption Therapy.” The term Eye Movement Integration™ (EMI™) was coined by Steve Andreas in 1987. EMI™ is currently being used successfully by thousands of therapists in the U.S. and internationally.

People often ask about the relationship between EMI™ and EMDR. To read what Dr. Randi Fredricks, Ph.D. writes about the relationship Between EMI and EMDR, click or copy the following link into your internet browser:

<http://www.ahtainc.com/RelationshipEMI-EMDR.pdf>

DATES & LOCATIONS

November 18 and 19, 2017

**Radisson Hotel
3 Research Court
Rockville, MD 20850
(Metro Washington, DC)**

Room Rate: \$89.00 single or double

****Ask for the local hotel desk clerk****

Phone: 301-840-0200 * Free parking

Please call me, Ron Klein, immediately if you experience any difficulty making your hotel reservations and I’ll take care of it personally.
Cell: 301-523-5659 

Make hotel arrangements on your own. Please contact the hotel in the city where you will attend the workshop as soon as possible to make your reservation, and to be sure you get the special rates. Be sure to ask for and inform the local hotel desk clerk at the hotel that you are registering for the American Hypnosis Training Academy workshop.

“A terrific workshop. It was beautifully presented in a way that I could easily incorporate. The EMI™ techniques are now part of my everyday practice, and best of all, they are truly effective”.

Nelson S. Howe, M.A.

THE TRAINERS

RON KLEIN, M.C.S., NBCCH, CT-NLP, is a Certified Trainer in Clinical Hypnosis and Neuro-Linguistic Programming (NLP). He is a nationally recognized teacher of clinical hypnosis and brief solution-focused psychotherapy. Ron has forty years experience as a counselor, hypnotherapist and trainer. He has presented hundreds of workshops and provided training to more than 6800 mental health and health care professionals in a wide variety of settings throughout the U.S., U.K. and Europe. In addition to programs offered by the American Hypnosis Training /Academy Ron ha taught at Georgetown University Medical School, Walter Reed Medical Center, University of Maryland, and Virginia Commonwealth University School of Social Work.

JILL B. CODY, M.A., NCC, NBCCH is a Licenced Clinical Professional Counselor and a Certified Trainer in NLP. Jill is a National Board Certified Clinical Hypnotherapist has been a clinical Hypnotherapist. She has over fifteen years experience as a trainer with the American Hypnosis Training Academy.

Continuing Education - 14 hours

The American Hypnosis Training Academy (AHTA) is an approved provider by the American Psychological Association to offer C.E. for Psychologists (AHTA maintains responsibility for the program and its content).



Ron Klein and Associates, Inc. dba American Hypnosis Training Academy(AHTA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5284. Programs that do not qualify for NBCC credit are clearly identified. Ron Klein and Associates, Inc. dba American Hypnosis Training Academy (AHTA) is solely responsibility for all aspects of the programs. **All programs offered by AHTA qualify for NBCC continuing education credit.**

This American Hypnosis Training Academy (AHTA) training program is approved for Social Worker continuing education through Commonwealth Educational Seminars (CES), provider #1117, is approved as a Provider for Social Work Continuing Education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. CES maintains responsibility for the program. ASWB Approval Period: October 15, 2015 through October 15, 2018. Social Workers should contact their regulatory board to determine course approval. Social Workers participating in this course will receive 14 clinical continuing education clock hours.

REGISTRATION

Fee: \$396.00 with registration, \$366.00 for Groups of three (must enroll together). Repeat for \$296.00. A refund, less a \$ 75.00 fee, will be made when a written request to withdraw from the program is postmarked (certified mail, return receipt requested) at least 15 days prior to the event. After that date, the full tuition paid will be non-refundable. Lodging and meals are the responsibility of the participant. *In the unlikely event a workshop is canceled, full tuition refund will be made. Presenters assume no responsibility for any further expenses incurred by enrollees.*

Enroll, fill out this form and mail it today or phone: 301-565-0511 * fax: 301-588-9535

Name: _____

Address: _____

City: _____

State: _____ **Zip** _____

E-Mail: _____

Phone: _____

Training Site (City): _____

Visa MasterCard Check \$ _____
Make check payable to AHTA

Card #: _____

Exp. Date _____ **Security Code** _____

Signature: _____

**Mail to: American Hypnosis Training Academy
1110 Fidler Lane, Suit 1218
Silver Spring, MD 20910**

Ron Klein and Associates, Inc
dba American Hypnosis Training Academy (AHTA)

PARTICIPANT COMMENTS

EMI™ is more effective and far less complicated than EMDR,. Moreover, EMI™ provides a lot of security and does not require or invite regression into the trauma. Clients are encouraged to access their personal resources and resolve issues with far less risk of being re-traumatized.

Nancy Montagna, Ph.D.

Respectful, intelligent, competent training! I just let go of a 33 year-old anxiety in less than 25 minutes during the workshop. Priceless!

Barbara A. Bruno, Ph.D

I was troubled by PTSD that was causing me increasing distress despite years of psychotherapy. During the Eye Movement Integration™ seminar, I volunteered to be a demonstration subject and after an amazingly brief 35 minute intervention, the response is gone. It has been three years since the seminar and I have had no recurrence. It is wonderful!!

L. Merl, LICSW

After an accident in which it spun out on ice, I began to experience panic attacks while driving regardless of the road conditions. From then on, I was especially fearful whenever the roads were wet or icy. At the EMI™ seminar, I was one of the demonstration subjects. The demonstration took less than 20 minutes. It's been two years and I continue to be amazed at the ongoing benefit. I now drive with appropriate caution for the road conditions instead of experiencing panic..

Susan Zorn, Ph.D.

I learned a practical, powerful way to help my clients make the changes they want in their lives. Ron, your expertise and wisdom ere worth every penny. Thank you!

Scott Boyd, M.A., LPC

I took your EMI™ training just a few weeks ago. I have used EMI™ with 8 different clients and have had really wonderful results. Anxiety, trauma, fear--completely interrupted. Most report moving from a subjective distress level of 10 to zero in one session. I am hoping the results remain constant, and so far they have, all been texting me and letting me know that they are doing very well and continuing to see improvements in their lives. Thank you so much for this wonderful tool!

Karla Helbert, M.A., LPC

Ron Klein and Associates, Inc. T/A
American Hypnosis Training Academy
1110 Fidler Lane, Ste. 1218
Silver Spring, MD 20910

Return Service Requested

Eye Movement Integration Therapy

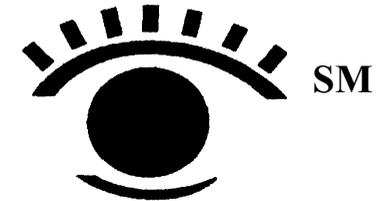
Making Short Work of Lasting Change

Rockville, MD (Metro Washington, DC)

November 18 and 19, 2017

Eye Movement Integration Therapy™

**Treating Phobia, PTSD,
Anxiety, Addiction, Trauma &
Other Clinical Issues**



EMI™

**A Two-Day
Certification Training**

Making Short Work of Lasting Change

**Rockville, MD
(Metro Washington, DC)**

November 18 and 19, 2017

dba
TM
Ron Klein and Associates, Inc.
American Hypnosis Training Academy

Email: aims@erols.com

Web: www.ahtainc.com